

Monday 11th

Tuesday 12<sup>th</sup>

Wednesday 13<sup>th</sup>

Thursday 14<sup>th</sup>

Friday 15<sup>th</sup>

Saturday 16<sup>th</sup>

Sunday 17<sup>th</sup>

**Breakfast**

Apple & orange juice  
Selection of live yoghurts  
Cereal station  
Toast, preserves, spreads & honey

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Pain au chocolate or croissant

Bacon, baked beans,  
hash browns

Cinnamon roll

Sausages, mushrooms  
and grilled tomatoes,

Pancake, banana, blueberries,  
maple syrup

English muffin with bacon & egg  
Cheese & Avocado Muffin

Oven bake sausage, tomatoes,  
fried bread, baked beans

Poached eggs

Eggs sunny side up

Boiled eggs

Eggs sunny side up

Poached eggs

Boiled eggs

Eggs sunny side up

Porridge cooked to order

Porridge cooked to order

Porridge cooked to order

Porridge cooked to order

Porridge cooked to order

Porridge cooked to order

Porridge cooked to order

Selection of fruit

Selection of fruit

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Selection of fruit

Selection of fruit

Selection of fruit

Selection of fruit

**Lunch**

Classic Beef Bolognaise

Quiche Lorraine

Tortellini in rich  
tomato sauce

Chilli beef con carne

Sustainable fish with lemon

Filled jacket potatoes

Bacon carbonara

Spinach & vegetable Bolognaise

Broccoli & cheese quiche

Aubergine and  
black bean moussaka

Mixed bean, sweet potatoes, chilli

Tempura batted mushroom  
with garlic mayo

BBQ beans  
Tuna  
Cheese  
Creamy ham, red onion, peppers

Four cheese tortellini

Spaghetti pasta  
Garlic tossed greens beans  
Kale & peas

New potatoes,  
peas & sweetcorn

Homemade crusty bread,  
roasted courgettes,  
peppers, red onion,

Braised rice, Mexican sweetcorn,  
nacho sour cream

Chipped potatoes,  
garden peas

Vegetable soup & roll

Garlic bread  
Roasted vegetables

Selection of salads

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Lemon drizzle Cake  
Selection of whole fruit

Rocky road  
Selection of whole fruit

Short bread  
Selection of whole fruit

Apple tray bake  
Selection of whole fruit

Chocolate brownie  
Selection of whole fruit

Flap jack  
Selection of whole fruit

Vanilla cup cakes  
Selection of whole fruit

**Supper**

Chicken, red lentil & coconut korma

Stir fried beef in hoisin sauce

Peri-peri chicken,  
tomato salsa

Gammon steak & egg

Homemade beef lasagne,  
garlic bread

Homemade pepperoni pizza

Roast chicken & stuffing balls

Chickpea, butternut madras

Thai stir fried vegetable  
with sweet chilli sauce

Broccoli & cheese quiche

Shakshuka & eggs

Rich veggie lasagne,  
garlic bread

Homemade mixed vegetable  
& cheese pizza

Stuffed peppers topped  
with grated cheese

Braised rice,  
cucumber raita,

Egg noodles,  
crispy stir-fried vegetables

Parmentier potatoes,  
broccoli, Mediterranean vegetables

Herb roasted new potatoes,  
Peas, green beans

Roasted courgette  
& broad beans

Garlic bread,  
Caesar salad

Roast potatoes, broccoli,  
roasted swede & parsnips,  
gravy

Selection of salads

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Bread & butter pudding & custard  
Selection of whole fruit

Cookie cake  
Selection of whole fruit

Carrot cake  
Selection of whole fruit

Rice pudding with jam  
Selection of whole fruit

Marble cake & cream  
Selection of whole fruit

Jam doughnut  
Selection of whole fruit

Jam sponge & custard  
Selection of whole fruit

Monday 18<sup>th</sup>

Tuesday 19<sup>th</sup>

Wednesday 20<sup>th</sup>

Thursday 21<sup>st</sup>

Friday 22<sup>nd</sup>

Saturday 23<sup>rd</sup>

Sunday 24<sup>th</sup>

**Breakfast**

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Selection of live yoghurts  
Cereal station  
Toast, preserves, spreads & honey

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Selection of live yoghurts  
Cereal station  
Toast, preserves, spreads & honey

Pain au chocolate or crossant

Bacon, beans, hash brown

Pancakes, banana, maple syrup

Bacon & egg muffins

Grilled sausage, tomatoes,  
fried bread, beans

Selection of Danish pastries

Sausage, hash brown, beans

Poached eggs

Eggs sunny side up

Scrambled eggs

Vegetable sausage, egg and cheese muffins

Eggs sunny side up

Boiled eggs

Eggs sunny side up

Selection of fruit

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Selection of fruit

Porridge cook to order

Porridge cook to order

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**Lunch**

Cornish pasties

Mac & cheese with crispy bacon

Pork sausage with  
caramelised onion

Spiced beef enchiladas

Fish cakes, chili mayo

Sub Bar

Spiced Chicken & vegetable wrap

Cheese & onion pasty

Rich butternut & vegetable pasta bake

Glamorgan vegetable sausage  
with caramelised onion

Huevos rancheros

Buffalo cauliflower,  
chilli mayo

Chicken & bacon  
Ham & cheese  
Egg & cress

Spiced falafel & vegetable wrap

Parmenter potatoes,  
crusted swede & carrot

Homemade crusty bread,  
green bean, sweetcorn

Creamy mashed potatoes,  
cauliflower & carrot,  
gravy

Mexican sweetcorn,  
green beans  
Savoury rice

Chipped potatoes,  
garden peas

Leek & potato soup & roll

Braised rice,  
sour cream, nachos

Selection of salads

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Selection of salads

Chocolate brownie  
Selection of whole fruit

Oat cookie  
Selection of whole fruit

Cherry muffin  
Selection of whole fruit

Shortbread  
Selection of whole fruit

Choc chip cookie  
Selection of whole fruit

Rocky road  
Selection of whole fruit

Ginger biscuit  
Selection of whole fruit

**Supper**

Moroccan pork tagine  
with apricots

Beef stroganoff

Chicken with pepper, aubergine & basil in a  
rich tomato sauce

Hot dog & onions

Southern fried chicken

Homemade peperoni pizza

Glazed gammon with pineapple

Aubergine & olive tagine

Mushroom & butterbean stroganoff

Courgette, spinach &  
cherry tomato gratin

Vegetable hot dog,  
with onions

Hot 'n' Kickin' fried cauliflower  
with spiced tomato sauce

Homemade mixed vegetable  
& cheese pizza

Stuffed mushroom with herb crumb

Braised rice,  
green beans, pittas,  
Greek salad

Braised rice,  
sauté green beans & courgettes

Baby roasted new potatoes  
Summer mixed vegetables

Stuffed jackets  
beans

Spiced wedges,  
green beans & sweetcorn

Garlic bread,  
red cabbage slaw, peas

Roast potatoes  
Roasted carrots  
Kale  
Gravy

Selection of salads

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Sticky toffee pudding & cream  
Selection of whole fruit

Eton mess  
Selection of whole fruit

Jelly & ice cream  
Selection of whole fruit

Brownie  
Selection of whole fruit

Fruit crumble & custard  
Selection of whole fruit

Vanilla cup cake  
Selection of whole fruit

Chocolate sponge & custard  
Selection of whole fruit

Monday 25<sup>th</sup>

Tuesday 26<sup>th</sup>

Wednesday 27<sup>th</sup>

Thursday 28<sup>th</sup>

Friday 29<sup>th</sup>

Saturday 30<sup>th</sup>

Sunday 31<sup>st</sup>

**Breakfast**

Apple & orange juice  
Selection of live yoghurts  
Cereal station  
Toast, preserves, spreads & honey

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Apple & orange juice  
Selection of live yoghurts  
Cereal station  
Toast, preserves, spreads & honey

Bacon & hash brown roll

Waffle with mixed berries

Oven baked sausage,  
baked beans, fried bread

Ham & cheese croissants

bacon, mushrooms  
and baked beans

Selection of pastries

Oven baked sausages ,  
hash browns, baked beans

Brie & tomato roll

Greek Yoghurt, mixed berries

Cheese & red onion croissants

Poached eggs

Poached eggs

Eggs sunny side up

Boiled eggs

Poached eggs

Boiled eggs

Eggs sunny side up

Selection of fruit  
Porridge cooked to order

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Porridge cooked to order

**Lunch**

Meatballs in rich tomato sauce

Homemade pork &  
apple sausage roll

Stir-fried chicken & vegetable chow main

Toad in the hole with  
red onion gravy

Sustainable fish with lemon

Pasta bar

Spiced beef chilli

Spiced falafel on flat bread  
with light minted yoghurt dressing

Red lentil & pepper  
puff pastry plat

Kung pao tofu, vegetable chow main

Veggie sausage in the hole  
with red onion gravy

Tempura batted mushroom  
with garlic mayo

Spaghetti bolognaise  
Creamy mushroom & spinach sauce  
Penne pasta  
Garlic bread

Three bean chilli

Penne pasta, homemade bread,  
roasted courgette, red onion, peppers

Half stuffed jacket potatoes,  
sauté green beans, baked beans

Prawn crackers,

Creamy mashed potato  
baked carrots, peas

Chipped potatoes  
steamed garden peas,  
tartare sauce and lemon

Lentil soup & roll

Braised rice,  
sweetcorn, peppers & onion,  
nachos

Selection of salads

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Selection of salads

Selection of salads

Selection of salads

Triple choc chip cookie  
Selection of whole fruit

Treacle tart & cream  
Selection of whole fruit

Mixed fruit muffin  
Selection of whole fruit

Ice cream cake  
Selection of whole fruit

Chocolate brownie  
Selection of whole fruit

Banana loaf cake  
Selection of whole fruit

Lemon shortbread  
Selection of whole fruit

**Supper**

Beef stew & dumplings

Cajun chicken, pepper,  
sweet roasted onion, whole meal rice filled  
burrito

Barbeque pork steak  
with BBQ sauce

Ricotta spinach cannelloni  
Baked in a rich cheese sauce

Homemade chicken &  
leek pie

Beef burgers,  
with caramelized onion

Pork chop with  
pepper sauce

Vegetable stew & dumplings

Vegetable, mixed bean  
& cheese burrito

Sesame coated tofu pieces  
with red pepper dressing

Vegan mac & cheese  
With crispy onion breadcrumb top

Homemade red lentil, cheese  
& potato pie (v)

Bean burger with caramelized onion

Spicy bean & vegetable,  
stuffed peppers

Roast potatoes,  
summer greens,  
roast carrots

Mexican rice  
corn on cob  
Nachos & salsa

Lyonnais potatoes,  
steamed sweetcorn  
sweetheart cabbage

Ratatouille  
fresh baked bread  
rosemary & garlic baked focaccia

Parmenter potatoes, courgettes,  
green beans, gravy

Sea salt baked wedges,  
red cabbage slaw, beans

Steamed new potatoes,  
carrots & peas

Selection of salads

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Tiramisu  
Selection of whole fruit

Orange muffins  
Selection of whole fruit

Fakewell tart & cream  
Selection of whole fruit

Apple crumble squares  
Selection of whole fruit

Fresh fruit trifle  
Selection of whole fruit

Lemon & poppy seed tray bake  
Selection of whole fruit

Treacle sponge & custard  
Selection of whole fruit

Monday 1<sup>st</sup>Tuesday 2<sup>nd</sup>

## Breakfast

Apple & orange juice  
Selection of live yoghurts  
Cereal station  
Toast, preserves, spreads & honey

Pain au chocolate or croissant

Poached eggs

Porridge cooked to order

Selection of fruit

Apple & orange juice  
Selection of live yoghurts  
Cereal station  
Toast, preserves, spreads & honey

Bacon, baked beans,  
hash browns

Eggs sunny side up

Porridge cooked to order

Selection of fruit

## Lunch

Classic beef bolognaise

Mushroom & black bean chilli

Spaghetti pasta  
Garlic tossed greens beans  
kale & peas

Selection of salads

Lemon drizzle Cake  
Selection of whole fruit

Moroccan pork tagine  
with apricots

Aubergine & olive tagine

Braised rice,  
green beans, pittas,  
Greek salad

Selection of salads

Rocky road  
Selection of whole fruit

## Supper

Chicken, red lentil & coconut korma

Chickpea, butternut madras

Braised rice,  
cucumber raita,

Selection of salads

Bread & butter pudding & custard  
Selection of whole fruit